

Vocation History

Dietetic Technician

B.S.

Clinical Dietitian

MBA

Digital Health, Information Technology, & Informatics

Doctoral Studies/
Health Research

DHSc

Avocation History

Disease, Wellness, & Sports Nutrition

Runner & Triathlete

Ultradistance Endeavors (triathlons, cycling, running)

Healthy Cooking, Recipe Writing, & Food Photography

Board of Director Positions for State & Local
Dietetic Associations (elected & non-elected)

Coaching & Personal Training

Health Coaching

State Government Affairs Chair, Treasurer,
President, State Recruitment, Webmaster

Neurofeedback/Biofeedback Trainer

Certification History

Registered Dietitian/Registered Dietitian Nutritionist (RD/RDN)

Certified Professional in Health and Information Management Systems (CPHIMS)

Certified Project Management Professional (PMP)

Certified Cycling Coach &
Personal Trainer

Certified Health Coach (ACE-CHC)

Advanced Certified Neurofeedback/Biofeedback Trainer

Certified Scrum Master & Certified
Product Owner (CSM/CSPO)